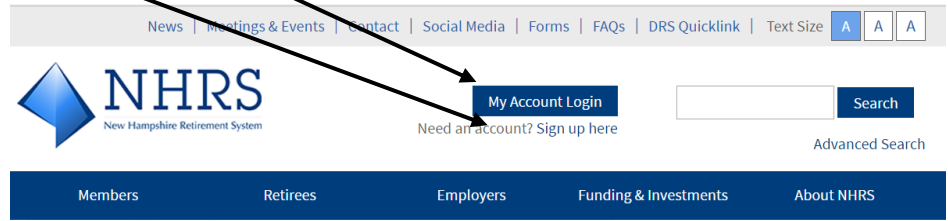


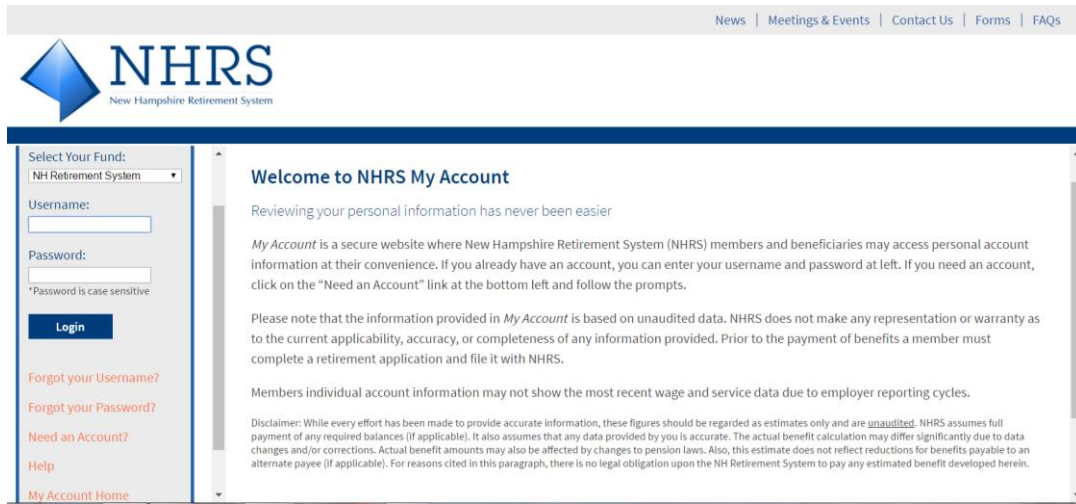
# NH RETIREMENT INDIVIDUAL ACCOUNT INFORMATION

Step 1: [www.nhrs.org](http://www.nhrs.org)

Step 2: Click on My Account Login or if you have not yet created your account, you will need to click "Sign up here".



Step 3: Login to your account.



Step 4: To change your address, name, or beneficiaries, click on NHRS On-Line Forms

